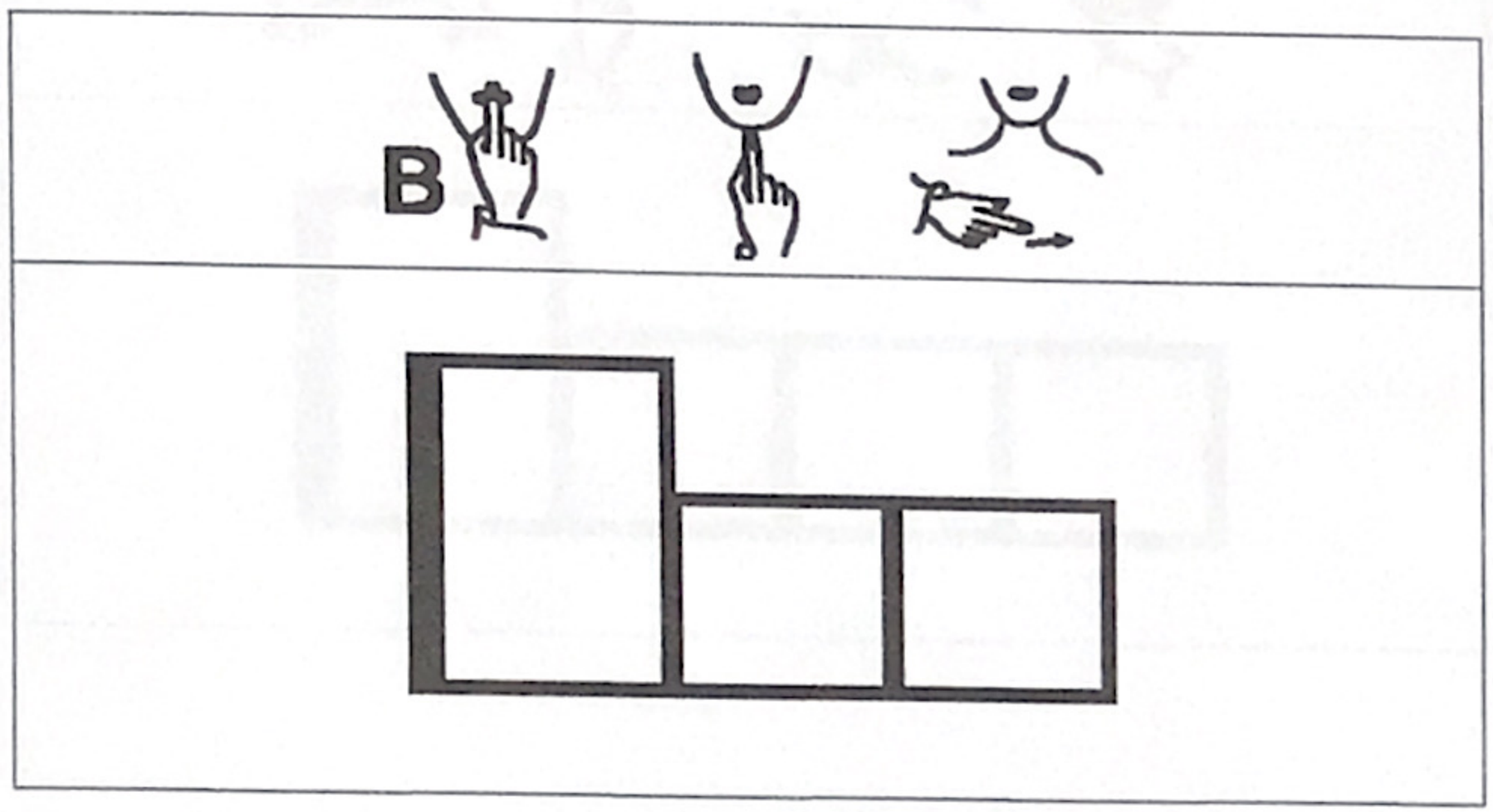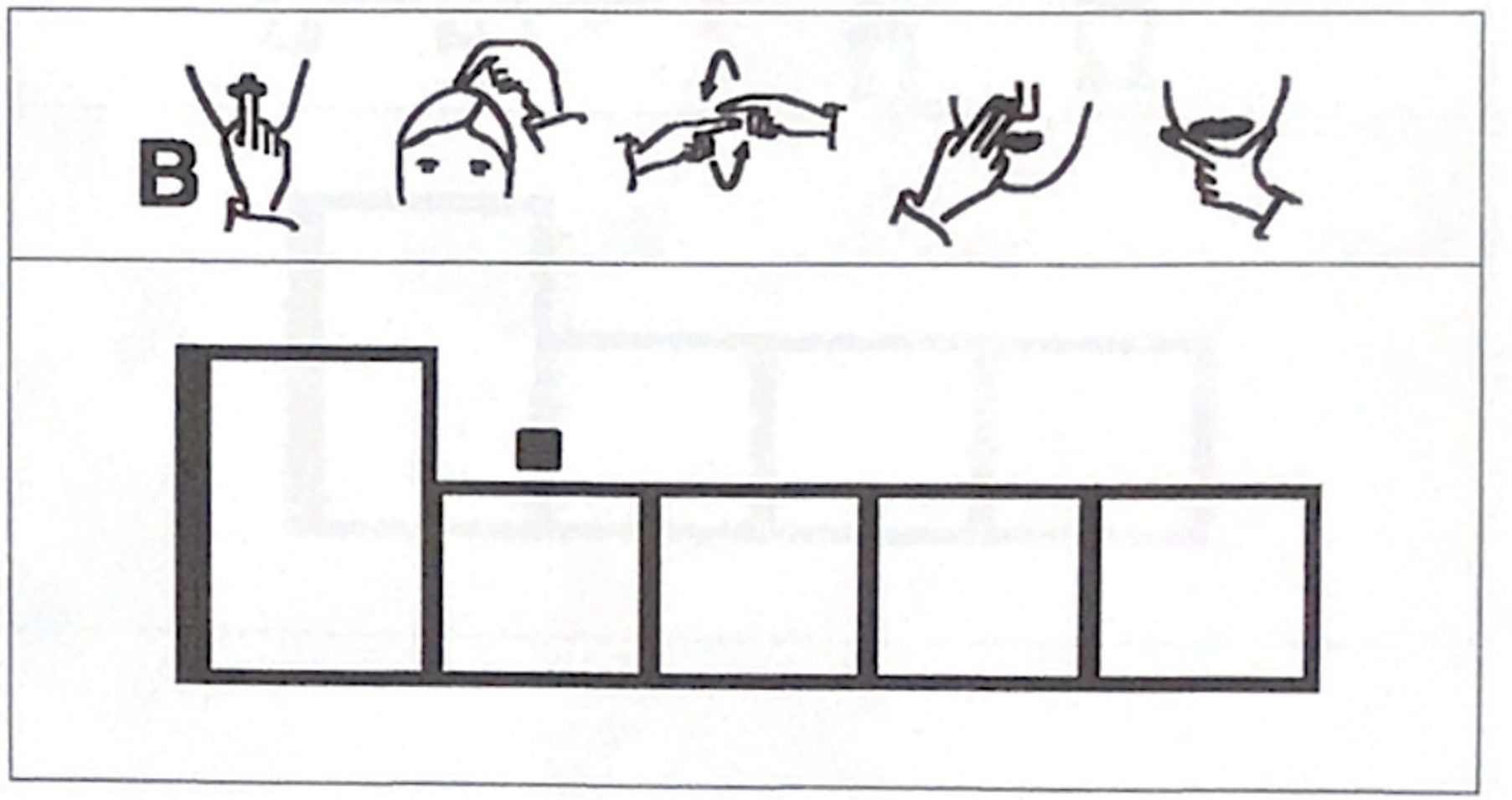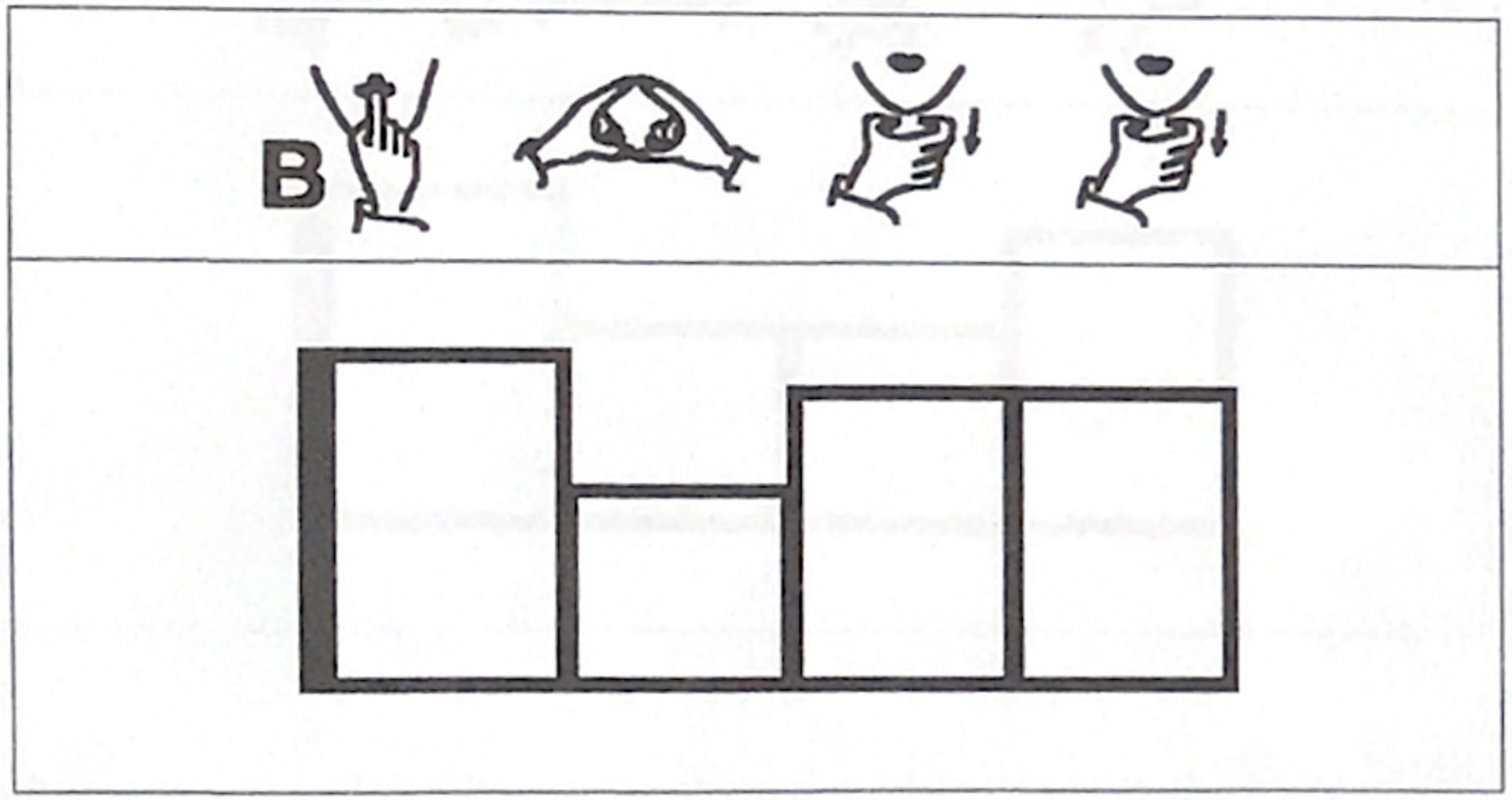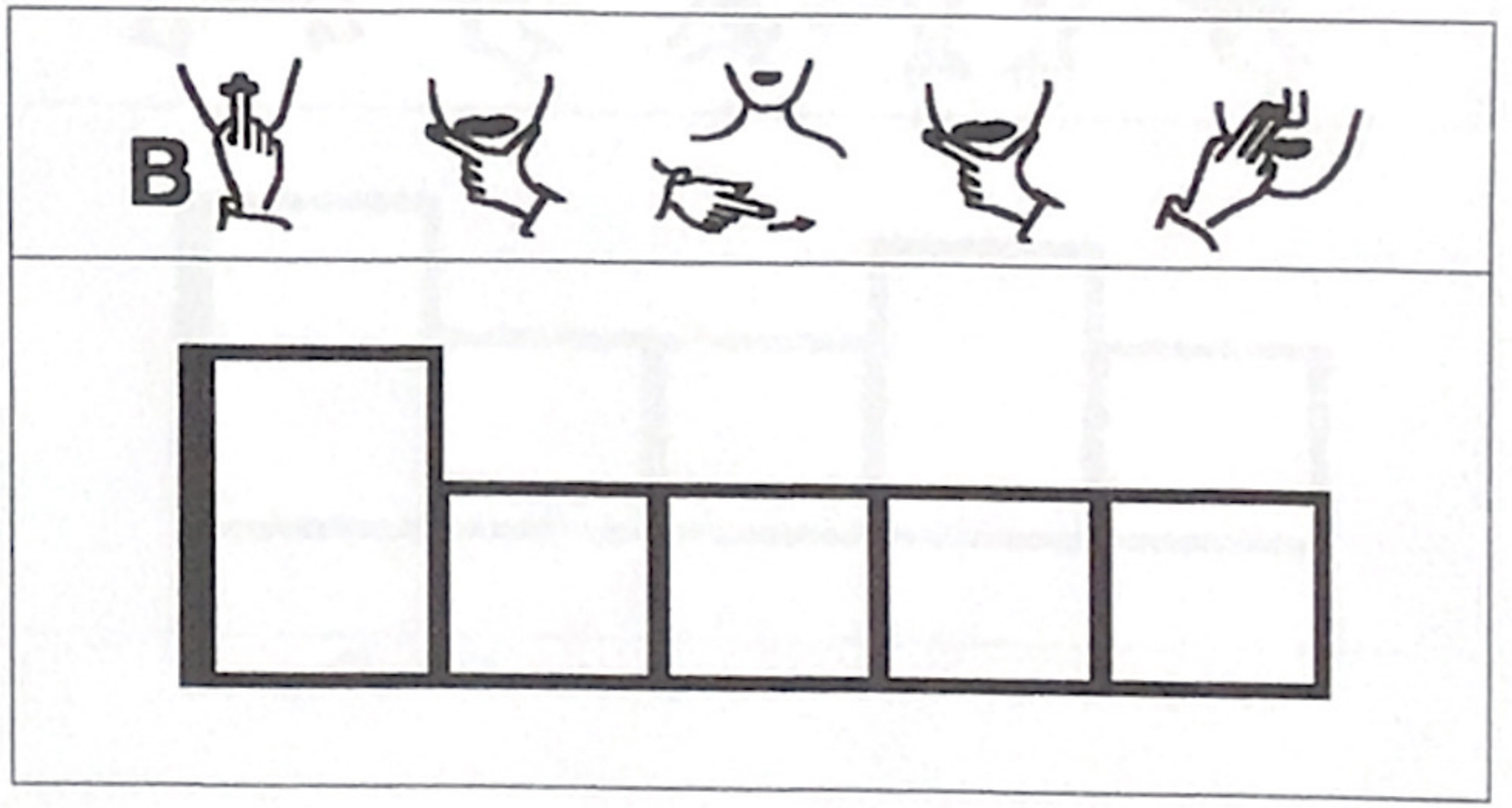Schreiben nach Lautgebärden B