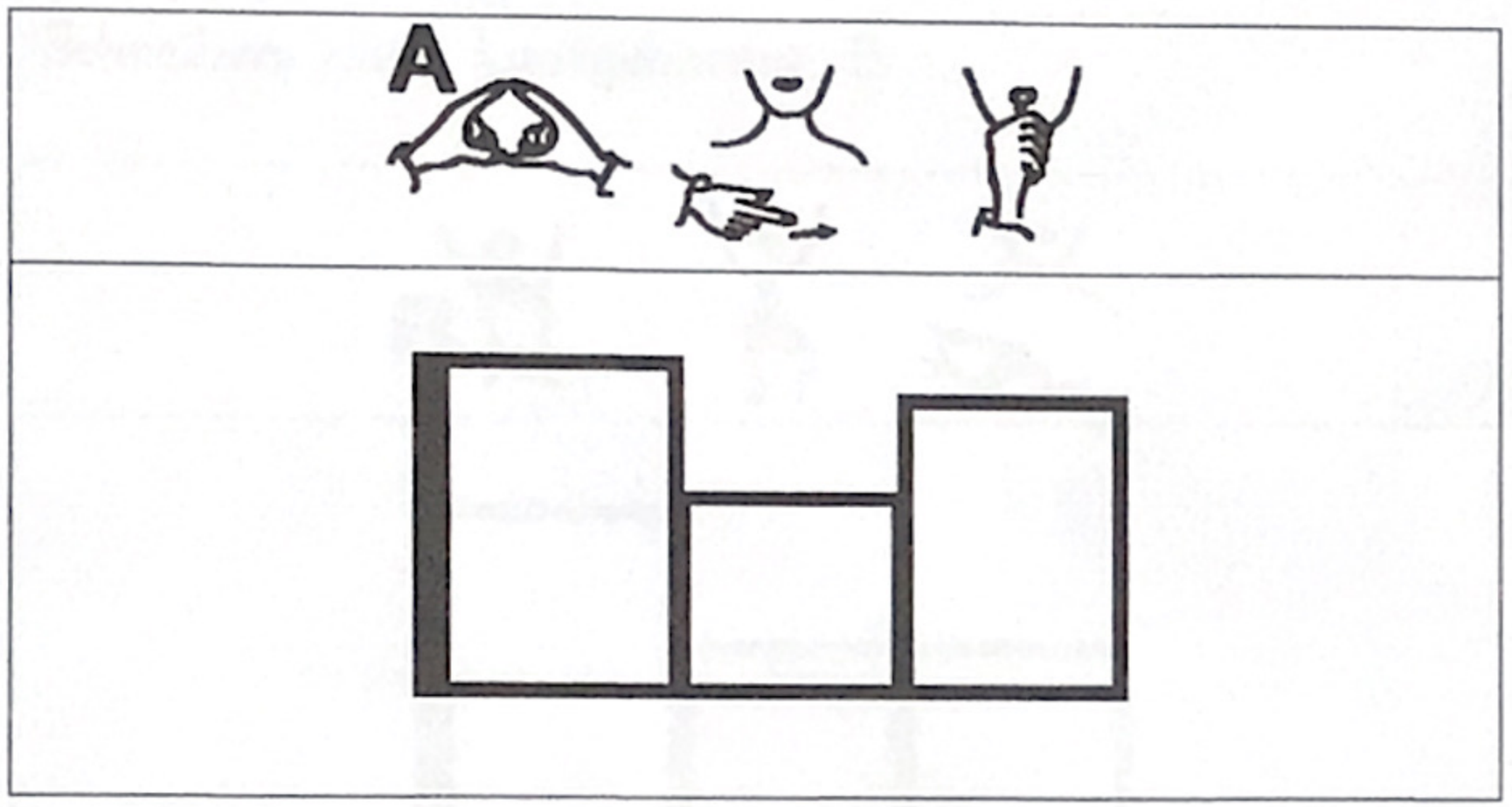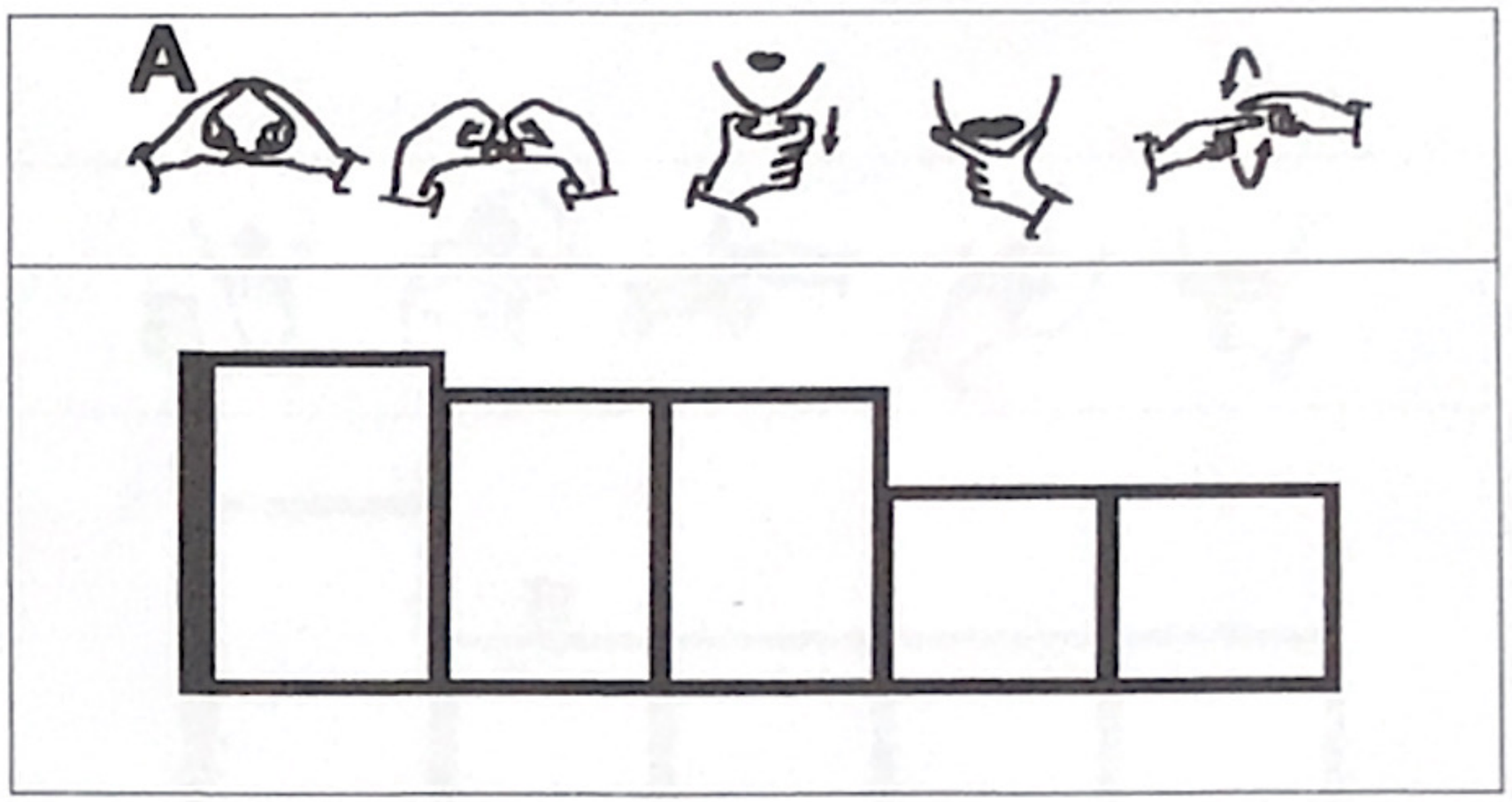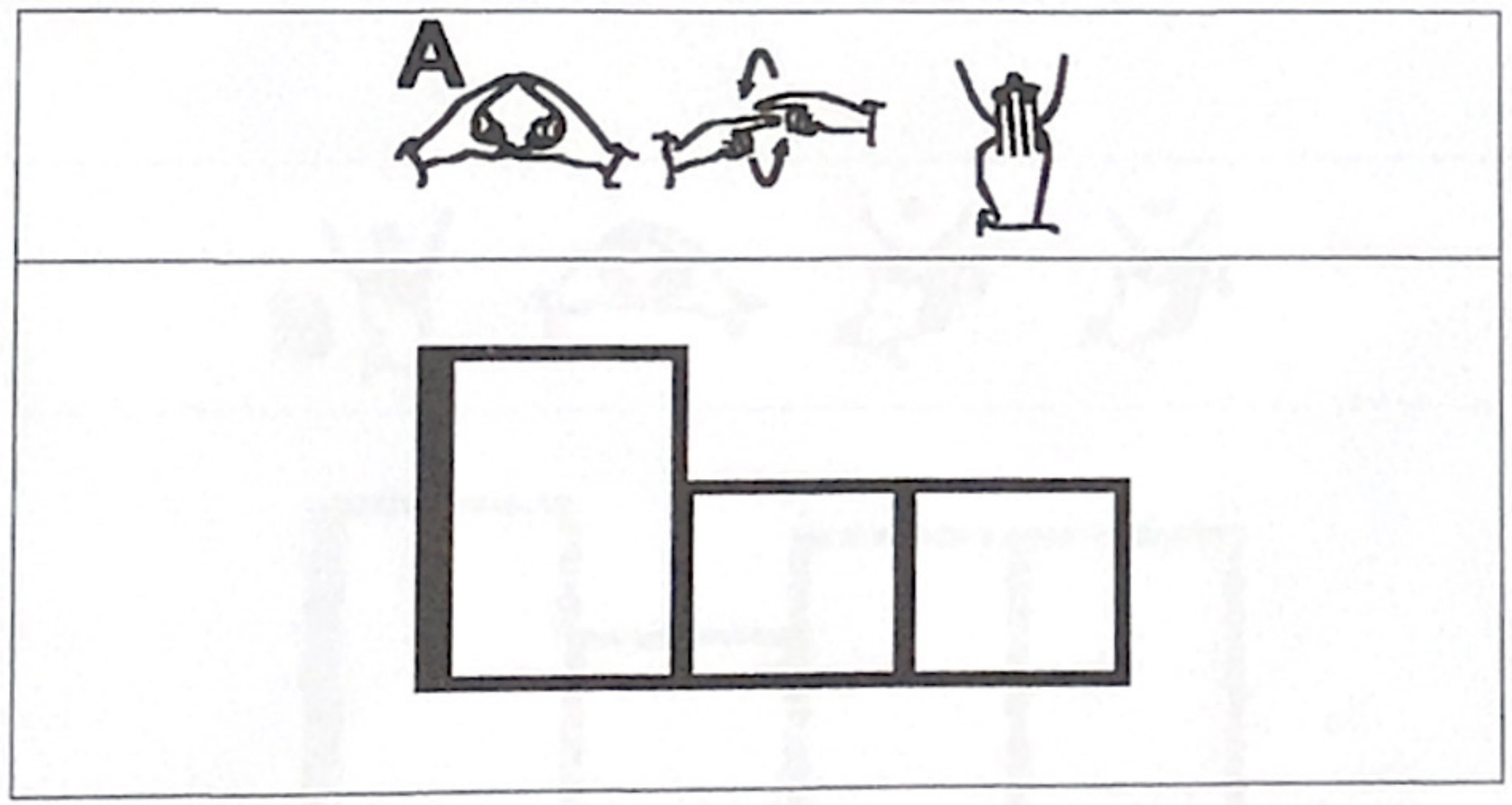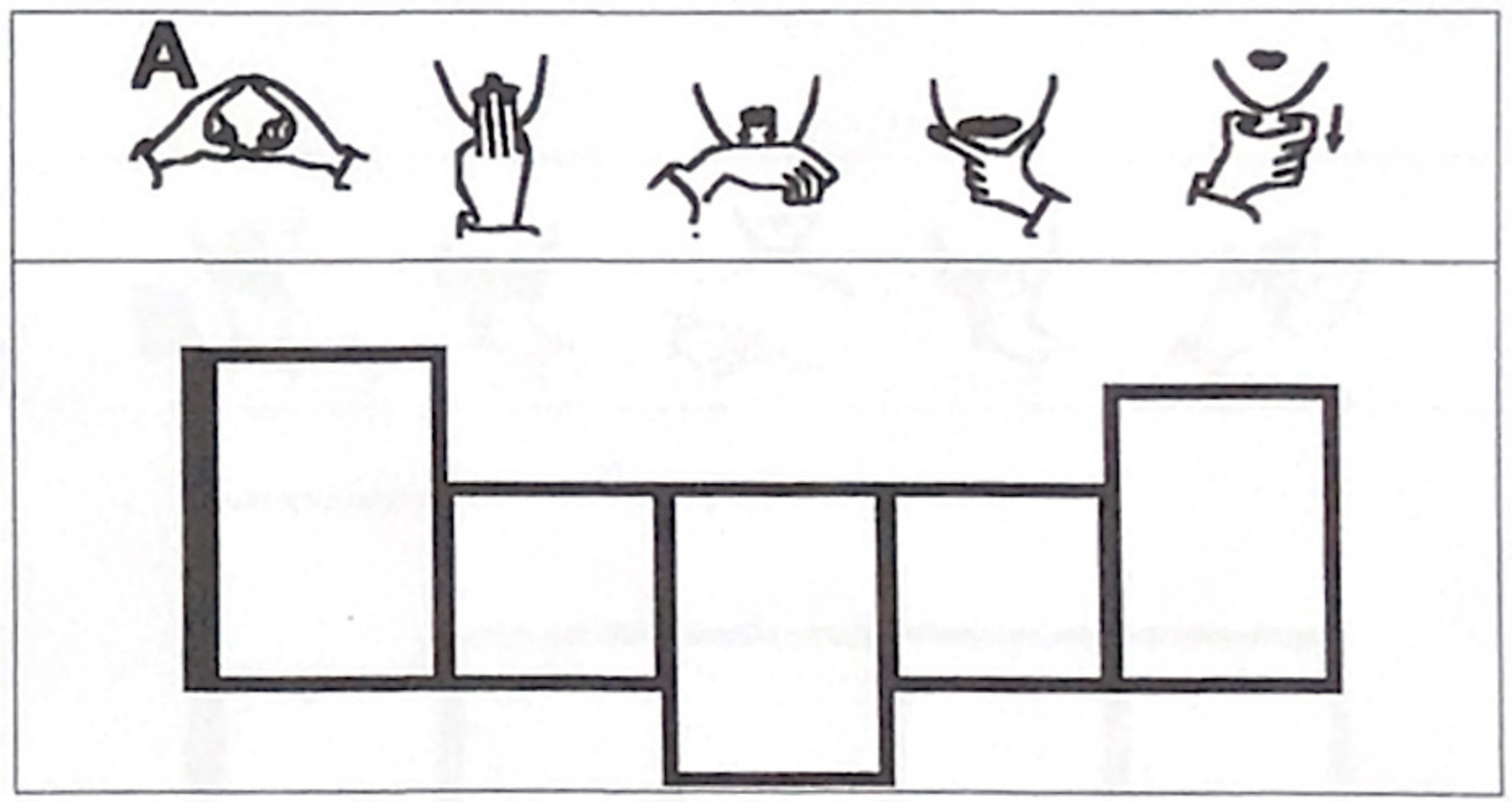Schreiben nach Lautgebärden A